



Pine Run Health Center Reopening Implementation Plan
Tentative date: July 24, 2020

July 17, 2020

Dear Residents, Family Members, Staff, Volunteers and Friends,

The impact of the Coronavirus (COVID-19) has reached most areas of the world, including our local region. Pine Run Health Center has been dedicated to protecting the health and well-being of our residents and associates. We are actively working within the guidelines provided by the Centers for Disease Control (CDC) along with guidance from the PA Department of Health and Centers for Medicare and Medicaid Services (CMS).

To prevent the spread of any infectious respiratory illness, and to increase the safety of our residents and associates, Pine Run Health Center team has the following plan in place, as we move to the next phase - reopening to visitation and non-essential personnel.

As recommended by the Pennsylvania Department of Health, Pine Run Health Center has implemented universal testing of asymptomatic health care workers.

- Base line testing of all associates, as per the Order of the Secretary of Health, PA Dept. of Health has been completed as of July 15, 2020.
- There has been no new facility onset of COVID-19 cases in the past 14 days.
- The facility has staff and supplies to administer COVID-19 swabbing of residents exhibiting symptoms, or random testing of asymptomatic residents.
- Staff exhibiting symptoms are sent to Occupational Health at Doylestown Hospital and not permitted to return to work until results are received and symptoms subside.
- Random testing of asymptomatic staff can be completed on site and sent to the lab within 24 hours.
- Testing is a part of the HR policy, staff who decline testing are not permitted to work.

Cohorting Residents

- All new admissions, both long- and short-term, will be tested for COVID-19. While the results will not impact the acceptance of the admission, they guide us in their placement. Residents who test positive – or are suspected of having the virus – are safely quarantined from other Residents.
- The facility has designated an area on the 4th Floor as the COVID-19 Isolation Unit with a plastic barrier installed at its entrance.
- The facility follows the recommended guidelines of zones: Red (Isolation Unit), Yellow (Exposed), Green (Unexposed).

- Adequate PPE is available for staff. Full PPE will be utilized when in the Red Zone.
- The facility follows infection control guidance from the CDC and state authorities and continuously encourages safe social distancing and hand washing.
- The facility has designated staff for Isolation Unit / Red Zone.
- Therapy will schedule services for the Isolation unit / Red Zone to be their last assignment of the day, exiting the building upon completing services.

Dining

Yellow & Red Zones

- All meals will be served on disposable trays and dinnerware in the Isolation Unit / Red Zone.
- Staff will make sure residents wash their hands before and after meals.

Green Zone

- Those on precautions will eat in their room.
- Asymptomatic residents only in the dining room.
- Two residents are seated per table with tables spread throughout the dining room to practice social distancing.
- Tables to be wiped down completely between residents.
- Upon completing meals, residents are encouraged to exit the dining room.

Activities

Practicing social distancing, hand hygiene and universal masking as residents can tolerate

- Limited activities will be conducted with small groups, doorway activities and 1:1 visits.
- Gradually adding to the group size over time.

Non-Essential Personnel – Volunteers

- Will be screened upon entering and exiting the campus.
- Are permitted in designated areas.
- Must follow social distancing guidelines.
- Practice hand hygiene and universal masking.
- Beauty / Barber Salon - will be limited to 1 resident at a time.

Visitors

- Visiting hours are Sunday through Saturday between 10 a.m. – 7 p.m.
- Outdoor visitation is encouraged on the 2nd floor patio, under the canopy, weather permitted
- All visitors are required to wear face masks during their entire visits.
- Maintain social distancing and follow infection control protocols, hand sanitizer is available at the entrance and throughout the units.
- No Children under the age of 12 will be permitted to visit.
- Residents are limited to 2 visitors at a time while in the building, a limit of 4 visitors when visiting outside.
- All visitors must sign in and out when entering & exiting the health center.

Therapy

- Rehab gym will be utilized - limited the number to 2-3 residents at a time.
- Equipment is sanitized after each use.
- Those not on skilled services receive part B services on their units.
- Scheduled Red Zone area residents for last sessions of day.

All social or non-essential visitors, entering and exiting the campus will be restricted to one point of access where they will be screened per CDC guidelines. All staff members are screened upon arrival and departure for symptoms and fever; if any are detected, they are instructed to contact their supervisor and are not permitted to work. These additional measures have been adopted to supplement the current precautions and best practice CDC guidelines already implemented in our community. These include:

- Encouraging all residents and staff members to follow the recommendations from the CDC for preventing the spread of any viral respiratory infections within our community. These would include regular and proper hand washing techniques, practicing proper cough etiquette, and advising sick employees to remain at home if they exhibit signs of any illness.
- Requiring all essential personnel to answer screening questions prior to gaining admission to campus along with a temperature screening. For more information on COVID-19 visit www.coronavirus.gov.
- Transportation will continue for medically necessary appointments.

If at any point there is a new facility onset of COVID-19, Pine Run Health Center will follow the guidelines of the PA Department of Health reverting to restrictions on visitations, communal dining, activities, non-essential personnel and contractors.

We will continue to monitor and assess the situation as more information becomes available. We appreciate your cooperation in trying to provide the safest environment possible for our residents. On behalf of the entire management team of Pine Run, we would like to thank you for your understanding as we navigate this ever-changing situation.